

## Allylestrenol INN 5 mg

#### COMPOSITION

Each tablet contains Allylestrenol INN 5 mg.

#### **PHARMACOLOGY**

Allylestrenol is an orally active progestogen. Allylestrenol has a pronounced pregnancy maintaining action without producing hormonal side-effects. In the premature termination of pregnancy maintaining action without producing hormonal side-effects. In the premature termination of pregnancy often follows a fall in the levels of placental hormones. Alia has been shown to stimulate the placental progesterone production in vitro & to promote the secretion of placental hormones (chorionic gonadotrophin, placental lactogen, oestrogens and progesterone) and oxytocinase in patients with pregnancy at risk. In agreement to this the trophoblastic layers of the placenta show histological signs of activation. Clinical studies have indicated that Alia is an effective & safe pregnancy preparation. Administration of Alia in combination with bed rest can remove or prevent the threat of abortion in early pregnancy or stop threatened premature labor.

#### INDICATIONS

Alia is indicated for:

- Intra Uterine Growth Retardation (IUGR)
- · Threatened abortion
- · Habitual abortion
- Threatened premature labor
- · Failure of nidation

## DOSAGE AND ADMINISTRATION

Route of Administration : Orally.

The dose of the drug depends on the indication.

Intra Uterine Growth Retardation (IUGR): 1 tablet here times a day at least two months. Reduce the dose if symptoms improve.

Threatened Abortion: 1 tablet three times daily for 5-7 days. The treatment period may be extended depending on necessity. After symptoms disappear, the dosage should be gradually reduced.

Habitual Abortion: 1 to 2 tablets daily with the confirmation of pregnancy. Administration should be continued until at least one month after the critical period.

Threatened Premature Labour: 40 mg daily until symptoms improve.

Failure of Nidation: 2-4 tablets daily from 16th to 26th day of the cycle until conception is achieved

## OR AS DIRECTED BY THE PHYSICIAN.

# CONTRAINDICATIONS

Hypersensitivity, thrombophlebitis, undiagnosed vaginal bleeding, incomplete abortion, hormone-dependent carcinoma, cerebral apoplexy, as a diagnostic test for pregnancy severe hepatic impairment.

# WARNING & PRECAUTION

Patients with the following conditions should be cautious:

Heart disease, congestive heart failure, sick sinus syndrome, coronary artery disease, seizures, epilepsy, renal dysfunction, migraine headaches, or breathing diseases including asthma, emphysema, chronic bronchitis or COPD, breast feeding.

## SIDE EFFECTS

**Common:** Gastrointestinal complaints like nausea, vomiting etc. may occured in some patients.

Rare: Abdominal liver function, decreased lung function, easily angered or annoyed.

## **USE IN PREGNANCY AND LACTATION**

Alia (Allylestrenol) is specifically designed to be taken during pregnancy and it is safe in pregnancy serious adverse reaction have neither been reported in mother. It should be discontinued after delivery as it may affect nursing infant.

## **USE IN CHILDREN & ADOLESCENTS**

Not recommended.

## DRUG INTERACTIONS

With Medicine: No drug-drug interactions has been reported.

With food & others: No interaction.

# **OVERDOSE**

If you have taken several tablet at once, there is no need for great concern. However, you should consult your doctor.

## **STORAGE**

Store below  $30^{\circ}$  C, protected from light & moisture.

Keep all medicines out of reach of children.

## **PACKING**

Each box contains 3x10 tablets in blister strips.

\* Further information is available on request.



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