

Composition**Each 5 ml contains extracts of**

<i>Withania somnifera</i>	0.21 gm
<i>Mucuna prurita</i>	0.21 gm
<i>Asparagus racemosus</i>	0.21 gm
<i>Sida cordifolia</i>	0.21 gm
<i>Vitis vinifera</i>	0.21 gm
<i>Myristica fragrans</i>	0.10 gm
<i>Cinnamomum zeylanicum</i>	20.62 mg
<i>Elettarea cardamomum</i>	20.62 mg
<i>Mesua ferrea</i>	20.62 mg
<i>Crocus sativus</i>	20.62 mg

and other ingredients with excipients as required.

Ref: Sanjivani Rasayan, BNAF-2011

Description

Santonic™ (Sanjivani Rasayan) is a combination of some effective herbs that have antioxidant, immune enhancing, rejuvenating, anxiolytic, antidepressant and nutritive properties. It is used to combat physical weakness, mental weakness, nervous exhaustion etc. It is very effective in senile debility and stress. It is used for all ages of both male & female patients.

Pharmacology

Withania somnifera: It contains alkaloid (tropine, pseudotropine, hygrine, anaferine) and withanolide (withaferin A). It has antistress, anxiolytic, antidepressant, antioxidant, immunomodulator, anti-inflammatory and rejuvenating properties. It is used in rheumatism, consumption, debility from old age & emaciation of children.

Mucuna prurita: It contains L-Dopa, mucunine, mucunadine, pruriendine and nicotine. It has hypotensive and hypocholesterolaemic effect. It prevents male and female sterility and acts as a nervine tonic. It is used in paralysis, hemiplegia & other nervine disorder and spasms associated with Parkinson's or Bell's palsy.

Asparagus racemosus: It contains shatavarin, alkaloid, protein, starch and tannin. It has immunomodulator, nutritive, tonic, antibacterial and antioxidant activity. It is a powerful drug capable of improving memory power, intelligence and physical strength. It is useful in nervous disorders and general debility.

Sida cordifolia: It contains ephedrin, phytosterol and potassium nitrate. The phytosterols have estrogenic activity. It is useful in diseases like seminal weakness. It is the best nervine tonic. It is also rejuvenative & nutritive. It is used traditionally in cases of spermatorrhea, polyurea and certain nervine disorders such as monoplegia, sciatica and palsy etc.

Vitis vinifera: It contains grape-sugar, gum, tannin, tartaric, citric, racemic and malic acids, chlorides of potassium and sodium, sulphate of potash, magnesia and iron. It is cooling, refrigerant, laxative, stomachic and tonic.

Myristica fragrans: It contains volatile oil, protein, myristic acid, tannin, niacin, essential oil and vitamins. It is used as tonics and aphrodisiac.

Cinnamomum zeylanicum: It contains essential oil. It has carminative, stimulant, anti-infective, antifungal and digestive properties. It can help relieve nausea, reduce high blood pressure and strengthen the immune system. It is also used for loss of appetite, dyspeptic complaints such as mild, spastic condition of the GIT, bloating, flatulence and exhaustion.

Elettarea cardamomum: It contains volatile oil, resin, fixed oil, starch and calcium oxalate. It is aromatic, stimulant, stomachic, carminative and diuretic.

Mesua ferrea: It contains mesuagin, mesuol and essential oil. Mesuol has antibiotic activity. It is astringent, stomachic and aromatic. It is useful in gastric troubles. It is used in rheumatism.

Crocus sativus: It contains crocin, picrocrocin, crocetin, gentiobiose, essential oil, volatile oil, fatty oil & starch. It has stimulant, stomachic, tonic, aphrodisiac and sedative properties. It is used in melancholia & enlargement of the liver.

Indications & Uses

- Physical and mental weakness
- Senile debility
- Nervous exhaustion
- Stress

Dosage & Administration

Route of administration: Oral

Adults: 2-4 teaspoonful 2-3 times daily after meal.

Children: 1-2 teaspoonful 2-3 times daily after meal.

OR AS DIRECTED BY THE PHYSICIAN.

Contraindications

There is no absolute contraindication.

Warning & Precaution

Do not use the drug after expiry date.

Side effects

There is no significant side effect.

Use during Pregnancy & Lactation

Not recommended for use during pregnancy. (due to presence of *Withania somnifera*, *Cinnamomum zeylanicum* and *Crocus sativus*). There is no sufficient information for use in lactation.

Drug Interaction

No such information available

Overdose

Seek medical attention from your physician.

Storage

Store below 30°C & dry place, protected from light.

Keep all medicines out of reach of children.

Packing

200 ml syrup in amber PET bottle with a measuring cup.

450 ml syrup in amber PET bottle with a measuring cup.

*** Further information is available on request**

Manufactured by

The ACME Laboratories Ltd.

Ayurvedic Division
Dhulivita, Dhamrai, Dhaka, Bangladesh

For Health, Vigour and Happiness

