Prindol

Tablet

Pridinol Mesilate

Composition

Each tablet contains Pridinol Mesilate INN equivalent to Pridinol 3 mg.

Pharmacology

Pridinol is a centrally-acting muscle relaxant. It competitively blocks the effects of acetylcholine in skeletal muscle.

Indications

Indicated for the treatment of muscle tension/spasm (central and peripheral muscle spasms), neck spasm (torticollis), low back pain (lumbago) and general muscle pain.

Dosage and Administration

Route of administration: Oral

The recommended dose is $\frac{1}{2}$ to 1 tablet (1.5-3 mg Pridinol) 3 times daily. The administration is independent of meals, with the onset of the effect being faster when the medicine is taken before a meal. However, if the patient suffers from low blood pressure, take the tablets after meals to reduce the risk of fainting.

Or as directed by the registered physician.

Contraindication

Hypersensitivity to the active substance or to any of the excipients, glaucoma, prostate hypertrophy, syndrome with urinary retention, gastrointestinal obstructions, arrhythmia, first trimester of pregnancy.

Warnings & Precautions

Use with caution in the elderly, patients with liver or kidney problems and hypotension as the risk of circulatory problems (fainting) may be increased. Pridinol contains lactose, so, patients with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption should not take this medicine.

Side Effects

Common side effects: Abdominal pain, arrhythmias, asthenia, dizziness, dry mouth, headache, hypotension and nausea.

Rare side effects: Impaired ability to focus, impaired vision, diarrhea, vomiting, hypersensitivity reactions such as itching, redness of the skin, swelling or shortness of breath, impaired attention, coordination, taste, anxiety and depression.

Use in Pregnancy & Lactation

Pregnancy: In the first 3 months of pregnancy, Pridinol should not be taken. During the following months of pregnancy, Pridinol may be taken only after careful consideration under medical supervision and only if necessary.

Lactation: There is no data on the passage of Pridinol into human milk. So, using it during breastfeeding should be avoided.

Use in Children and Adolescents

No data are available on the use of Pridinol in children and adolescents.

Drug Interaction

Pridinol increases the effect of medicines from the anticholinergic group. Members include, e.g., certain medicines that are used for overactive bladder, urinary incontinence, asthma treatment and in parkinson's disease.

Overdose

Immediate medical attention is required in case of an overdose.

Storage

Store below 30° C temperature and dry place, protect from light. Keep all medicines out of the reach of the children.

Packing

Each box contains 3 x 10 tablets in Alu-Alu blister strips.

* Further information is available on request.

