

# Cystnil

Tablet

## D-chiro-inositol & Myo-inositol

### Composition

Each tablet contains D-chiro-inositol 150 mg & Myo-inositol 550 mg.

### Pharmacology

D-chiro-inositol and Myo-inositol are two types of inositol that are naturally occurring in the body.

A combination of D-chiro-inositol and Myo-inositol shows beneficial effect for women with Polycystic Ovary Syndrome (PCOS). Combination improves insulin resistance, reduces androgen level, helps to maintain healthy ovarian functions and promotes ovulation in women with PCOS.

It also reduces hyperandrogenism related skin disorders like hirsutism, acne and acanthosis nigricans.

### Indication

- PCOS (Polycystic Ovary Syndrome) & PCOS associated infertility

- Menstrual disorders such as irregular menstruation, amenorrhea
- Hyperandrogenism complaint such as hirsutism, acne, acanthosis nigricans,
- Anovulation
- Insulin resistance

### Dosage and Administration

Orally one tablet twice daily for at least 3 months or as directed by physician.

### Contraindications

It is contraindicated in patients with known sensitivity to any of the ingredients.

### Warning & Precaution

Limited data is available regarding the usage in patients with liver & hepatic impairment. Patient should consult with doctor if the patient has a liver or hepatic impairment or any concerns regarding this.

### Side-effects

Well tolerated in recommended dose.

### Use in Pregnancy and Lactation

Several human studies have been conducted with

inositol that has no clinically relevant side effects.

### Drug Interaction

Inositol may lower blood sugar levels. Taking inositol along with diabetes medications might reduce blood sugar level.

### Overdose

Generally, inositol seems to be safe and well tolerated in recommended dose.

### Storage

Store below 30<sup>o</sup> C temperature & dry place, protected from light.

Keep all medicines out of reach of children.

### Packing

Each box contains 1x10 tablets in Alu-Alu blister strip.



Manufactured by  
**The ACME Laboratories Ltd.**  
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