Nutrum® Kids

Multivitamin and Cod Liver Oil

Composition

Each 5 ml contains Vitamin A (as Vitamin A palmitate BP) 2000 IU, Vitamin B $_{\rm 1}$ (as Thiamine Hydrochloride BP) 0.70 mg, Vitamin B $_{\rm 2}$ (as Riboflavin Sodium Phosphate BP) 0.85 mg, Vitamin B $_{\rm 6}$ (as Pyridoxine Hydrochloride BP) 0.35 mg, Vitamin C (as Ascorbic Acid BP) 17.50 mg, Vitamin D (as Cholecalciferol BP) 200 IU, Vitamin E (as Alpha-Tocopherol Acetate BP) 1.50 mg, Nicotinamide BP 9.00 mg & Cod Liver Oil BP 100.00 mg.

Pharmacology

Nutrum® Kids contains 8 essential vitamins with Cod Liver Oil. Nutrum® Kids provides extra protection for the children. It ensures for getting enough vitamins for children that help them to be grown up strong & stay healthy. Cod Liver Oil contains Vitamin A, Vitamin D, EPA & DHA, Vitamin A is essential for the immune system, bone growth, night vision, cellular growth, testicular and ovarian function, Vitamin D is essential for the absorption and utilization of calcium, which is also required for skeletal growth. EPA and DHA; omega-3 fatty acids, which are converted in the body to produce prostaglandins that affect a wide variety of physiological processes due to their modulating effect on the action of hormones, Omega-3 fatty acids relieve the symptoms of osteoarthritis, rheumatoid arthritis which also enhances immune function and promotes healthy blood circulation. It is thought that EPA and DHA may reduce the risk of coronary heart disease. DHA seems essential for normal brain development in unborn babies.

Indications

Nutrum[®] Kids is indicated for growing children.

- It helps in the development and proper functioning of their vital organs.
- It helps to prevent vitamin deficiency and restore lost vitality after illness, in case of lack of appetite or tiredness of growing children.
- It also increases immunity and helps to maintain healthy skin, hair, nail, teeth bone, eye and nervous system.
- Increases the resistance against cough, cold, chest and bronchial troubles.
- · Helps to optimize brain development.
- In adults it helps to treat and prevent chronic disease like heart diseases, rheumatoid arthritis, COPD, cancer etc.
- In pregnant and nursing mother it helps in proper development of the baby.

Dosage & Administration

Route of administration: Oral.

Children 1 to 12 months: 2.5 ml daily (1/2 teaspoonful)
Children 1 to 4 years: 5 ml daily (1 teaspoonful)
Children 4 years up: 7.5 ml daily (11/2 teaspoonful)

Adult: 10 ml daily (2 teaspoonful)
OR AS DIRECTED BY THE PHYSICIAN.

Contraindication

Should not be used in the patients in levodopa therapy, hypercalcemia, glucose-6-phosphate dehydrogenase deficiency and hypersensitivity to any of the active ingredients

Warnings and Precautions

This medicine may accumulate in the body, which may cause danger. Therefore, should not use over dosage or use quantity of milk or orange juice before mealtimes.

Side Effects

Common: Generally well tolerated.

Rare: Unknown.

Use in Pregnancy and Lactation

Should be taken on physicians advice.

Drug Interactions

With medicine: Some drug interaction may occur with Erythromycin, conjugated estrogens, Sodium bicarbonate, Chlorothiazide etc.

With food & others: Interaction with any food is not known.

Storage

Store below 30° C temperature and dry place, protected from light. Keep all medicines out of reach of children.

Packing

100 ml: Each PET bottle contains 100 ml syrup with a measuring cup. 200 ml: Each PET bottle contains 200 ml syrup with a measuring cup.

^{*} Further information is available on request.

